

# BOOK FACTS: IF I WERE YOUR DADDY, THIS IS WHAT YOU'D LEARN"

[www.ifiwereyourdaddy.com](http://www.ifiwereyourdaddy.com)

**COURTLAND PUBLISHING** - Minneapolis  
Minnesota – First Edition – November, 2010

**KINDLE AND E-BOOK RELEASE:** February, 2011;  
Audio Release: Spring, 2011

**AUTHOR:** Julia Espey

**DEDICATED** "... to all the mommies who have to be daddies too and to the daddies who want to be better daddies..."

**SUMMARY:** The most comprehensive father-to-parent mentor guide ever assembled. The book is authored by (then) single mom Julia Espey, former NASA aerospace researcher, whose quest was to discover how highly successful men are raising and inspiring their children.

Readers receive real-life stories and practical parenting tips from 35 extraordinary dads who unfold the reader in their ideas, approaches and feelings, through one-on-one "daddy mentoring sessions." Written first-person, parent-to-parent. Participants include a virtual village of hand-picked role models representing a broad cross-section of abilities, accomplishments, beliefs and faiths, ranging from a Harvard professor and Nobel Peace prize winner to "Top Gun" fighter pilot and "Folds of Honor" founder Dan Rooney to best-selling authors Thomas Moore ("Care of the Soul" +); Dr. John Gray ("Men are from Mars..." +); John Assaraf ("The Secret"); to CEO for Habitat for Humanity Jonathon Reckford; "mind behind" top athletes and teams, sports psychologist Dr. Bob Rotella; to a West African child educator. Book is packed with content and tips.

## 400 PAGES AS:

\*Endorsed by Stephen Covey, National Fatherhood Initiative and leading therapists and educators.

"Utilizing Support," "Money & Responsibility," "Tougher Stuff," and "Reaching Higher;"

learning for individuals and groups. Full guide on site – [www.ifiwereyourdaddy.com/guide](http://www.ifiwereyourdaddy.com/guide)

\*Forward by Jack Canfield ("Chicken Soup for the Soul");

\*Each chapter begins with title and daddy affirmation "If I Were Your Daddy... I'd"....which summarizes the main content - gifts, ideas, skills and/or mind-sets and ends with family photo and dad bio;

\*Free Resources available including video series on "5 Things Great Dads Never Do"; 365 Day Guide to GREAT Parenting made easy; Access to parenting blog "Gifted I AM"; ADHD Survival Guide; E-book "Creating positive beliefs in your children"; "Teaching abundance to your kids in six easy steps;" [www.ifiwereyourdaddy.com/resources](http://www.ifiwereyourdaddy.com/resources)

\*Introduction by Julia Espey; (click for excerpts);

\*A Chapter from Each Dad totaling 35 Chapters, set into one of seven themes:

\*Back of book includes intro to 'The Wisdom of the Dads – Reference Guide' – a FREE study guide on each chapter to facilitate

"Gathering Resources," "Self-Discovery," "Winning Strategies,"

Unlimited subject matter for interviews, feature angles, and appearances by Julia and/or any of the dads on parenting, the home life, raising and inspiring the younger generation.

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